

NSS REPORT 2022-2023

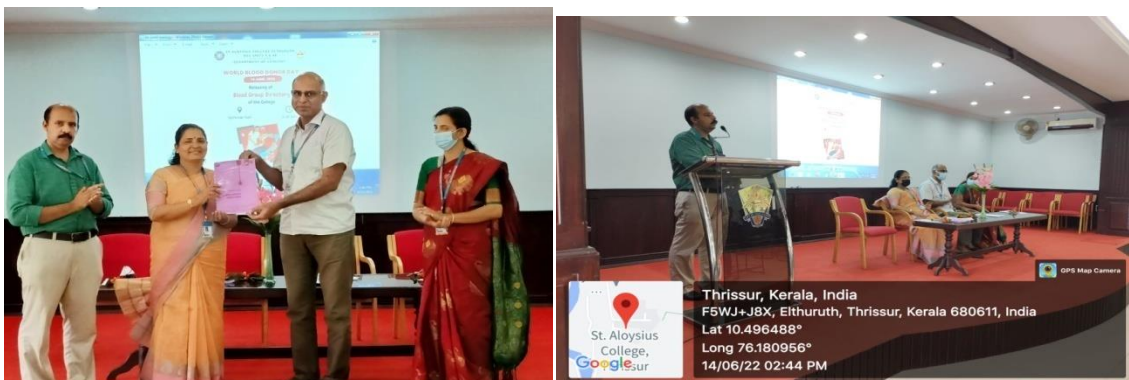
Cleaning Drive

Observation of world environment day on 5th June 2022 NSS unit conducted a cleaning drive at College and nearby place of St.Aloysius College. 62 NSS volunteers were participated in this Drive.



Releasing Blood Directory of St.Aloysius College

On 16th June 2022 St.aloysius College,Elthuruth in association with Zoology department jointly released blood Directory of all staff and students of St.Aloysius College. The programme was inaugurated By Dr.Chacko Jose P, Principal of St.Aloysius College. Dr.Jeeja Tharakan handed over the blood directory to Dr.Chacko Jose P. Mr.Jain J Therrattil and Mrs. Rajitha A G (NSS Programme officers) became part of the Programme.





ST.ALOYSIUS COLLEGE, ELTHURUTH
NSS UNITS 5 & 46
IN ASSOCIATION WITH
DEPARTMENT OF ZOOLOGY

WORLD BLOOD DONOR DAY
14 JUNE, 2022

Releasing of
Blood Group Directory
of the College

Seminar hall 2.30 pm

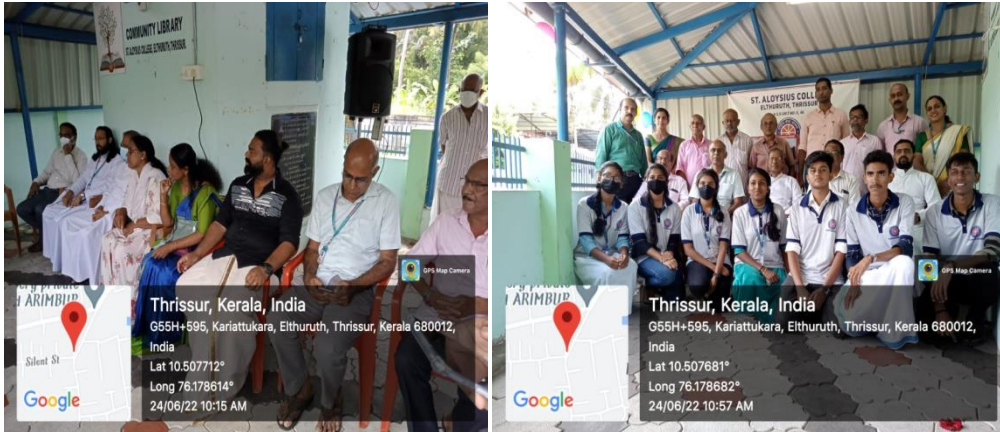
Your little effort can give others second chance to live life

Observation of Yoga Day



Community Library





Beach Cleaning



Anti- Drug Signature Campaign

The programme was held in the portico of the Main Academic Block in the afternoon of 12 October 2022. Hundreds of students along with dozens of NSS volunteers came forward to put their signature on canvas in solidarity to the ongoing state –wide intensive drive against sensual drugs. Ms Rajitha AG and Mr Jaison Jose P, NSS POs together with scores of faculty became a part of the campaign. It was organised as part of the initiatives by the Higher Education Department to fight the menace and eradicate addiction from the campuses across the state.

 **ST ALOYSIUS COLLEGE, ELTHURUTH**
NSS UNITS 5 & 46 
Anti drug Awareness
signature campaign



Anti- Drug Awareness Quiz 2022

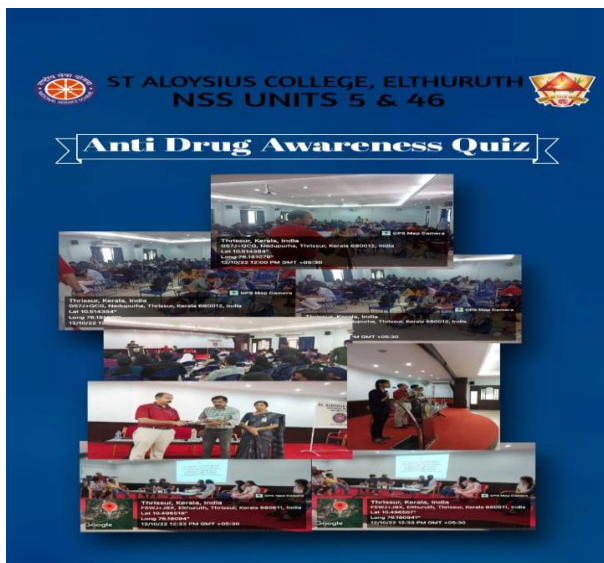
The quiz was conducted at 11.30 AM on 12 October 2022 in the Seminar Hall. As many as 29 teams turned up for the quiz. Therefore a preliminary written test was conducted to select the five teams for the final round.

Mr. Jain J Therattil, Asst Professor of Zoology (the former PO of NSS) was the quiz master. Here are the prize winners:

First Prize- Ananthkrishnan V S & Vishnu V (III sem BBA)

Second Prize- Fathima Parvin AA & Aleena Jose (III Sem BCom Finance)

The quiz also helped the participants and the audience to get ample information regarding the topic thereby promoting the anti-drug campaign.



Seminar on the Psychology of Addiction

The programme was conducted by the NSS Units of St Aloysius College, Thrissur in association with the Department of Psychology at 2.15 PM on 26/10/2022 in the Seminar Hall.

Students of Vth semester BSc Psychology and the NSS volunteers participated in the programme. Fr. Lijoy Eluvathingal CMI, Assit. Professor of Psychology of the college presented the paper and participated in the discussion segment.

Mr Jaison Jose P, NSS PO welcomed the gathering. Dr. Betsy Paul C, Principal I/c presided over the programme. Ms Anu Joshy, Director, Department of Psychology extended vote of thanks. Ms Rajitha AG, NSS PO of the college was present .

It was a very informative a session and part of the Department of Higher Education's concerted campaign against drug abuse. The Programme was closed at 3.45 PM.



***Bodha Poornima* Anti Drug Literary Competitions 2022**

The Literary competitions were held at 2.15 PM on 19/10/2022 in the Examination Hall. Around 40 students participated in the competitions titled *Bodha Poornima*.

The following students won the first prize in their respective categories.

1. Deepak Vinod I Sem MA English (Story)
2. Rinta M R III sem Bcom Finance (Essay)
3. Krishna Priya T B V sem BA Economics (Versification)

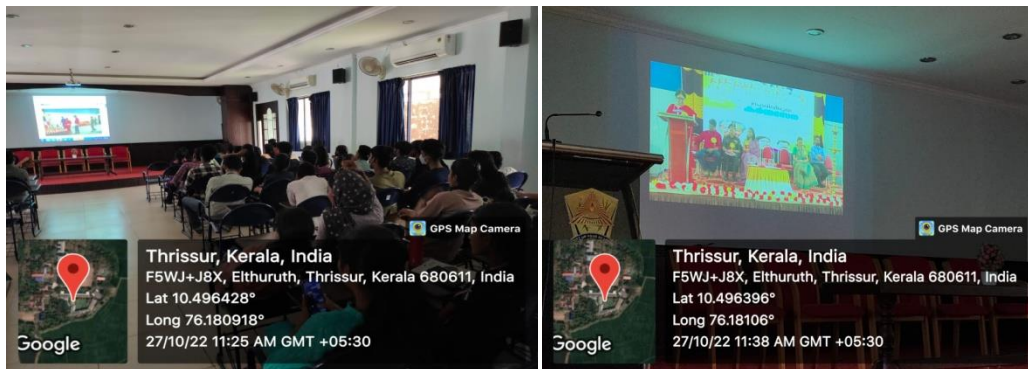
The selected scripts were mailed to the state level competition.



Live Stream of the inauguration of ASAAD

The programme, held at Thiruvananthapuram marked the inauguration of ASAAD, a combined state wide task force of NCC& NSS volunteers to fight sensual drug abuse.

NSS volunteers and the Programme Officers attended the programme online on 27/10/2022 at 11.00 AM in the seminar hall. The live streaming lasted till 2.15.



Panel Discussion at GVT College, Thrissur

The NSS Units of St Aloysius College, Thrissur sent two participants for the panel discussion on “No To Drugs Campaign” organised jointly by Thrissur District Information Office and the NSS. The programme was held between 10.00 AM to 4.00 PM on 20/10/2022 at Sri Achuta Menon Government College, Thrissur.

The participants are:

1. Abhinand K Jayan (III Sem Bcom Finance)
2. Sneha Santhosh (III Sem Bcom Finance)

The programme was informative and enjoyable for the participants who shared their experience with other volunteers in a meeting after the programme.

Outreach Programme (ICOP)

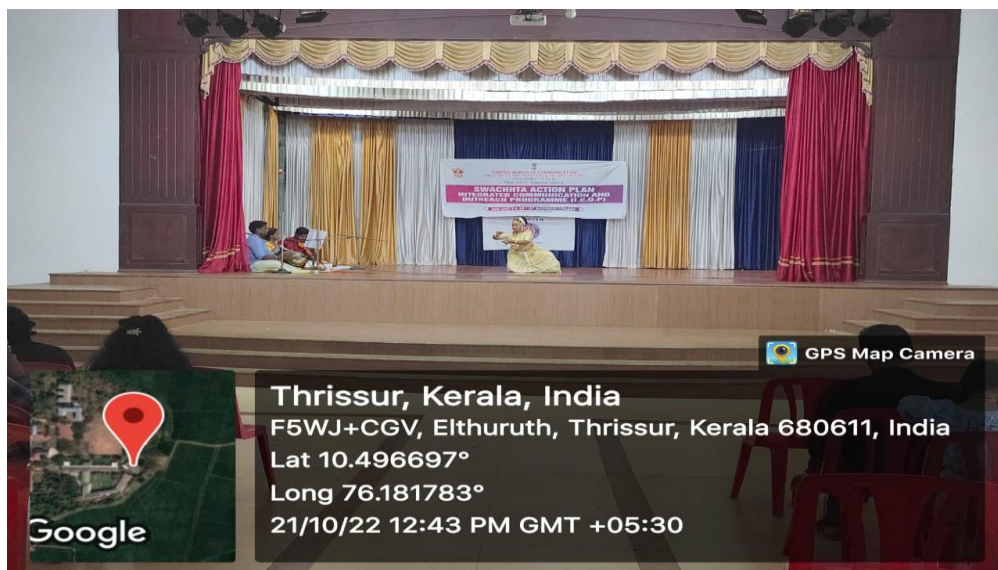
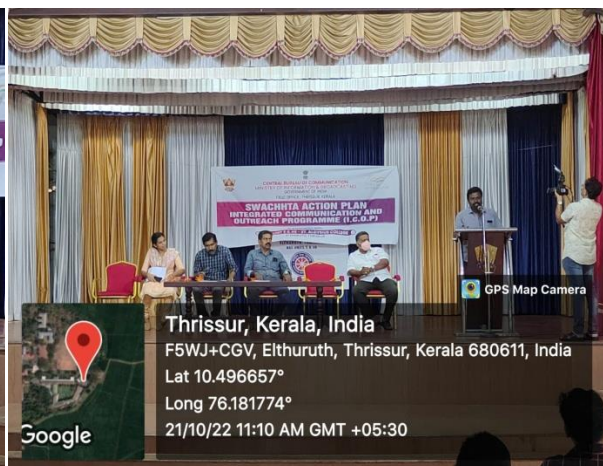
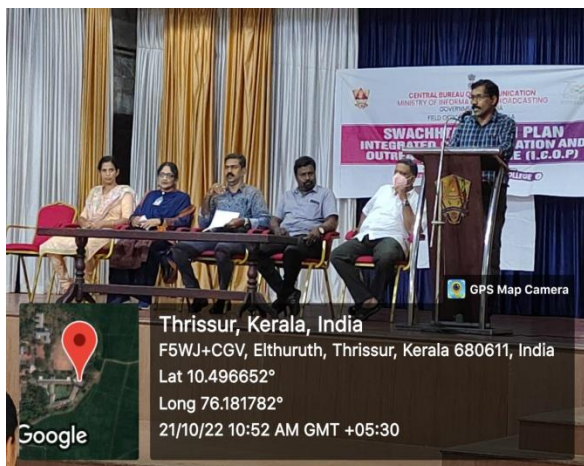
The NSS units of St. Aloysius College, Thrissur joined hands with The Central Bureau of Communication for Swatchata Action Plan Integrated Communication & Outreach Programme.

The programme was held at 10.30 AM on 21/10/2022 in the college auditorium. All the NSS volunteers participated in the programme. The programme consisted of two segments:

1. A Class on waste management by Adv. Amal C J, former faculty at KILA, Thrissur.
2. A dance and music performance by senior artists from Kerala Kalamandalam Deemed University, Cheruthuruthi, Thrissur.

Sri. Jaison Jose, NSS PO, welcomed the gathering. Sri. L C Ponnanumon, FEO, Central Bureau of Communication presided over the function. Dr. Betsy Paul. Principal i/c inaugurated the programme. Sri Rajeev P , Asst. Secretary of Panchayats spoke on the occasion. The session on waste management was done in great detail and enthusiasm by Adv. Amal C J. It was followed by the scintillating performance by the Kalamandalam artists.

Smt. Rajitha AG, NSS PO extended the vote of thanks. The programme came to a close by 2.45 PM.



National Unity Day

Rashtreey Akta Diwas was celebrated at 3.00 PM on 01/11/2022. It could not be observed on the stipulated day of 31/10/22 as the regular classes were called off on the day owing to the death of a first year BA student of the college.

Volunteers gathered in front of the college main gate by 3.00 PM. Mr Jaison Jose P, Programme Officer talked to them regarding the importance of the day and also about Sardar Vallabai Patel. Rashtreey ekta pledge was taken by all the volunteers. It was followed by a Run for Unity attended by all the volunteers and both the programme officers.

Anti Drug Pledge and Human Chain

Anti Drug pledge was taken by the NSS volunteers of St Aloysius College, Thrissur at 2.30 PM on 01/11/2022. NSS volunteers gathered in front of the main gate of the college to take oath. Ms Rajitha A S, Programme Officer talked to them about the importance of the programme. After the pledge, they formed a human chain in front of the college in an effort to convey the solidarity of the student community against drug abuse.

The programme was organized as part of the valedictory function of the first phase of the State wide anti drug drive organized by the State Government. The first phase began on 2 October, Gandhi Jayanti and lasted till 1 November, Kerala Formation Day.

Flash mob on Plastic Free World Cup celebrations

The programme was organised in association with District Suchitwa Mission. A group of 12 volunteers participated in the flash mob organised at three different parts of Thrissur city on 21/11/2022.

The programme was started at Shakthan Thampuran Bus Stand at 3.00 PM and moved on to North Bus Stand and was concluded at Thekke Gopura Nada at 5.00 PM.

The cultural event was organised to sensitise the public on 'plastic free Soccer World Cup Celebrations' in the wake of FIFA World Cup at Doha.

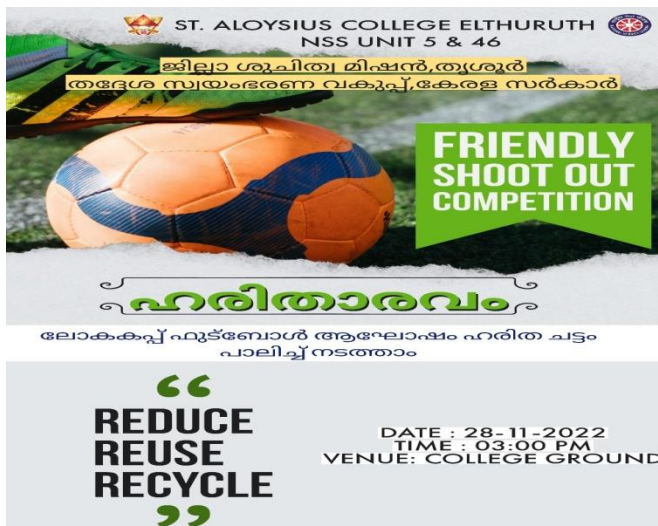


Friendly Shoot out Competition

The Friendly football shoot out competition was held at 3.00 P M on 28/11/2022 in the campus. The programme was organised in association with District Swatchata Mission and was aimed at promoting a plastic pollution free FIFA World Cup celebration.

Dr Chacko Jose P literally kick started the event by scoring a goal in the first shoot out that was held in the college football ground. It pulled a crowd of students. As many as fifty students participated in the event and three of them scored three consecutive goals and were awarded certificates by Swatchata Mission. The programme came to a close by 4.00 PM.

It was an initiative to make every mass celebrations eco friendly and plastic free. Officials from the District Suchitwa Mission and the NSS POs were also present at the occasion.



Praarambham 2K22- Orientation programme for fresh volunteers

An orientation programme for the freshly selected volunteers from first semester UG classes was conducted in two segments. Both the segments were organised between 1.5 to 4.15 PM. The first segment conducted on 14/08/2022. The session was handled by Sri Jain J Therattil, the former Programme Officer of the college.

He spoke in detail about the various activities conducted during his tenure of four years between 2018 and 2022. He also spoke about the practical dimensions of the NSS activities. The volunteers were also addressed by the senior volunteers and due instructions and directions were given to them.

The fresh volunteers were trained by the seniors in giving NSS claps in unison and also singing the NSS song.

The second leg of the programme was done on the following day- 15/12/2022 at the same time. The freshers were divided into six groups and group leaders were elected. The session was handled by Dr Soni T L, the University Programme Coordinator. A national award winning Programme Officer, she narrated her basic convictions and ideals regarding the NSS. She also spoke in detail about various programmes undertaken by her in the capacity of a PO. She also spoke of her current role as the University Programme Coordinator and requested the wholehearted support of the new volunteers in fulfilling the aspirations of the University.

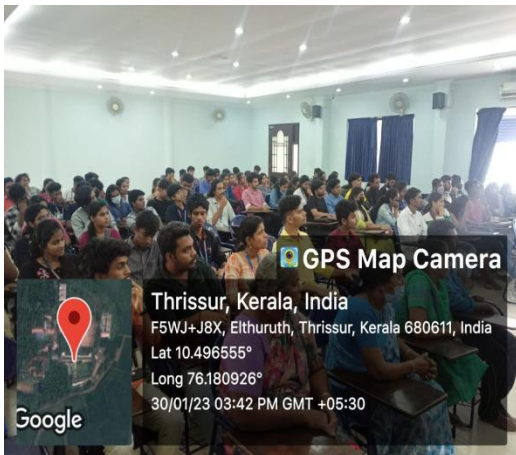
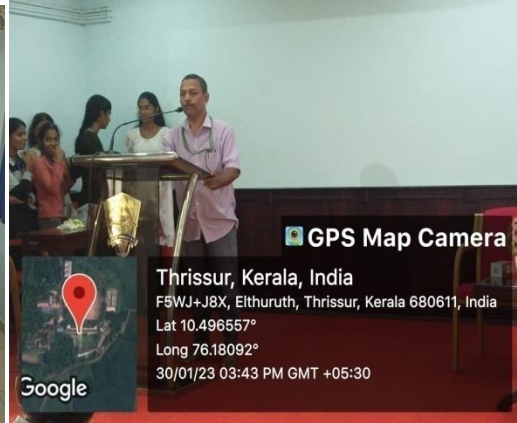
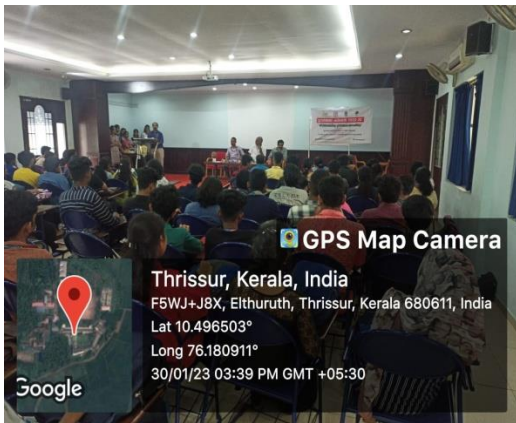
Urkiran 2022-23: Energy Conservation awareness Programme

The programme was organised by the Energy Conservation Club of the College in association with the NSS units. It was held at 3.00 PM on 30/01/2023 in the college Seminar Hall. Dr. Chacko Jose P, Principal inaugurated the seminar. Sri Jain J Therattil, Coordinator of the programme welcomed the gathering. Sri P Jayan the resource person from ANERT spoke to the gathering. The class that went on for one hour covered the theoretical and practical frame works of energy conservation.

He stressed the need for stringent measures to minimise the domestic consumption of electricity. Various topics like energy efficient grading for electric gadgets and the use of energy efficient electric equipments were discussed in detail. The use of natural lighting in buildings was also highlighted. The students were asked to share their views on energy conservation.

The students, about a hundred in number, clarified their doubts with the resource person. The audience also consisted of teaching, and non- teaching faculty of the college and a handful of local public. Everybody interacted with the resource person.

LED lamps were offered in place of floral bouquets in the inaugural session. Sri Jaison Jose P, Programme Officer of NSS extended vote of thanks. The programme came to close by 4.45 PM.



Neighbourhood Youth Parliament 2023

The programme was organised by Nehru Yuva Kendra, Thrissur. 46 volunteers from our NSS units attended the programme. The programme was held at Vimala College Throissur on 1 March 2023. 12 volunteers from our college presented a mime on a contemporary issue in the AN. The volunteers were honoured with certificates. A special trophy was awarded for participation in the cultural event.



Women's Day 2023

17 volunteers joined the Women's Day celebrations organised by the District Medical Office of Thrissur. The programme was held at 5.00 PM at Vidhyarthi Corner of Thekkinkad Maidanam in the city on 8 March to mark the International Women's Day.

A crowd consisting of medical staff, NSS volunteers and general public were present. The gathering was addressed by the divisional councillor of TMC, Dpy DMO, the Media officer of the Medical Department. Dr Binu, District Coordinator of the NSS also spoke on the occasion.

The NSS volunteers of the college performed a flash mob. Artists from the medical department too performed on stage. The programme was closed by 7.00 PM.

One Day workshop on Democracy and People's Planning

The workshop was conducted in the afternoon of 2 March 2023 in the college auditorium. Dr Betsy Paul C, principal in charge inaugurated the workshop. Smt Laly James, Divisional Counsellor of Thrissut Muncipal Corporation was the chief guest. Sri K B Babukumar, District Planning Officer (Rtd.) delivered the key note address. The programme was attended by 60 volunteers from first year UG.

The interactive session was vibrant with volunteers asking numerous questions regarding the functioning of the Local Self Government bodies of the state.

The workshop is a precursor for the upcoming divisional level comprehensive survey planned for next academic year.

The programme was closed by 4.45 PM.





One day Workshop o Basic Life Skill

The workshop was conducted on 16th march 2023 at College Seminar Hall. This workshop was about CPR Skilling Programme. This programme was organised by Federal Bank in association with St.Aloysius NSS Units. This session was inaugurated by Dr.Chacko Jose P ,Principal of St.Aloysius College, Elthuruth.



